Course Proposal

Adolescent Health: A Prevention and Public Health Framework

Course Description

The learner will gain a broader understanding of adolescents and adolescent health. This knowledge will include an examination of systems and contexts that can impact adolescent health and wellbeing. We will use group problem solving strategies to develop projects that could impact this population of young people in our community as well as learn from engaged community members and organizations who are working with youth in St. Louis.

Course Objectives

1. To examine how adolescent developmental processes relate to health, mental health, and social outcomes.
2. To explore the social, biological, and ecological contexts that influence the health, mental health, and well-being of adolescents.
3. To learn about prevention paradigms, approaches, policies, programs, and interventions that are used or can be used to address public health problems among youth.
4. To become familiar with the scope and nature of the leading causes of morbidity, injury, and mortality among adolescents.
5. To learn about the process of developing prevention projects or initiatives that benefit youth.
6. To develop interviewing skills that can be used to help build rapport and readiness for change among adolescents.

Significance and Innovation of Course

Part of the goal of the CDC funded Center for Violence and Injury Prevention (CVIP) is to create training and educational opportunities related to violence and injury prevention for students and professionals across disciplines such as social work, medicine, law, criminology, and public health. In exploring the educational needs of the University and the broader region it became apparent that a course related to adolescent health and prevention was needed. The PI of the CVIP grant, Melissa Johnson Reid identified two faculty members from the Center to lead this initiative: Katie Plax MD from the Department of Pediatrics in the School of Medicine and Juan B. Peña PhD from the George Warren Brown School of Social Work. Both Drs. Plax and Peña have clinical and research experience working with adolescents across a variety of settings.

With the announcement of the current RFP by the provost, it seemed a perfect mechanism to help make this course a reality. Besides filling an important educational gap at Washington University in St. Louis, to our knowledge it will be the only course of its kind in the broader St. Louis region. Given the importance of the topic area - adolescent health - we anticipate interest in the course from across schools at Washington University and even across other schools from the broader region.

Part of the vision of the CVIP is for this course to become part of a special track of courses that will lead to a certificate in violence prevention. As an investment in this course CVIP has committed resources in the form of a graduate teaching assistant to be available for the course.
Course Topics

Topics for the course will be organized into four parts.

The first set of topics will focus on understanding developmental processes related to adolescence and how these processes relate to health, mental health, and wellbeing. Lectures and discussions will include topics such as: positive youth development; the adolescent brain; and differences across early, middle, and late adolescence.

The second set of topics will examine conceptual frameworks related to the social, biological, and ecological context that influences the health, mental health, and well-being of adolescents. Lectures and discussions will include topics related to: stress diathesis theory; family systems, multiple intelligences, social learning theory, social control theory, ecological model, and development theories that use a life course perspective.

The third set of topics will focus on the scope, nature, and prevention of the leading causes of morbidity, injury, and mortality among adolescents such as suicide, substance use, violence, and sexual risk behaviors. Prevention paradigms, approaches, policies, programs, and interventions that are used or can be used to address each of these public health problems will be discussed.

The fourth set of topics will focus on learning to develop prevention projects or initiatives that benefit youth as well as developing interviewing skills that can be used to help build rapport and readiness for change with adolescents. Class assignments and skill labs will be used to support this learning.

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<tr>
<th>Personnel</th>
<th>Role on Project</th>
<th>Dollar Amount</th>
<th>Reason</th>
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<tbody>
<tr>
<td>Katie Plax</td>
<td>Instructor</td>
<td>$5,000</td>
<td>Course preparation</td>
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<td></td>
<td></td>
<td>$8,500</td>
<td>Defray opportunity cost associated with seeing patients at Medical School</td>
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<tr>
<td>Juan B Peña</td>
<td>Instructor</td>
<td>$36,500</td>
<td>Course preparation and course relief</td>
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<tr>
<td>TBA</td>
<td>Teacher Assistant (TA)</td>
<td>To be provided by Center for Violence and Injury Prevention at Brown School</td>
<td>To assist with teaching of the course including grading, organizing logistics of classes, and meeting with students.</td>
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<td>Total: $50,000</td>
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Funds for the budget will be used to cover the cost of course preparation for spring of 2012 by providing a course buy out for Dr. Peña and funds for preparation time for Dr. Plax. In addition a modest amount of percent effort for Lisa Isenberg, RN, PNP to cover patient care issues during Dr. Plax’s teaching time is also requested. As part of the investment from the
School of Social Work the support for the teacher assistant is being assumed by the Center for Violence and Injury Prevention where both instructors are faculty members.

Course Enrollment Number of Students

We propose a class size of approximately 25 students that will come from a variety of graduate programs at Washington University including social work, public health, medicine, law, education, as well as other schools in the region.

Assessment Plan

The assessment plan for the course includes course enrollment and student evaluations. We will describe the impact the course has in the region by documenting the outreach done to schools across campus and by keeping track of the number of different schools and departments represented by students in the course. We will assess the impact the course has on the broader community based on class projects and presentations students complete. We will document the projects done in the community and keep track of members of the community that participate in panel discussions or attend presentations done by students during the semester. To facilitate this latter objective we plan to facilitate panel discussions during the class with community agencies and record student presentations that will occur at the end of the semester.

Timeline

<table>
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<tr>
<th>Tasks</th>
<th>Summer 2011</th>
<th>Fall 2011</th>
<th>Spring 2012</th>
<th>Summer Break</th>
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<tbody>
<tr>
<td>1. Prepare syllabus</td>
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<td>2. Prepare lectures</td>
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<td>3. Teach course</td>
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<td>4. Prepare assessment report</td>
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Approval of Course

Enclosed is a letter of approval for Dr. Katie Plax. The letter for Dr. Peña has been forwarded separately by Dean Lawlor. We will include evidence of approval from the curriculum committee after the RFP process is complete.
Curriculum Vitae
Katie Plax M.D.

Date: 06/22/2010

Personal Information:
Date of Birth: 11/05/1966
Place of Birth: St. Louis, MO
Citizenship: USA

Address and Telephone Numbers:
Office: Washington University School of Medicine
        Department of Pediatrics
        Division of Diagnostic/Adolescent Medicine
        One Children's Place
        St. Louis, MO 63110
        Phone: (314)454-2468
        Fax: (314)454-2524
        E-mail: plax_k@kids.wustl.edu

Home: 130 Stoneleigh Towers
      St. Louis, MO 63132
      Phone: (314) 993-9090

Present Position:
Associate Professor of Pediatrics
Pediatrician, Director, Adolescent Center, St. Louis Children's Hospital

Education:
1989 BA, Brown University, Providence, RI
1996 MD, University of Rochester School of Medicine and Dentistry
1996-1997 Intern, Boston Children's Hospital
1997-1999 Resident, St. Louis Children's Hospital

Academic Position/Employment:
1989-1990 Volunteer Coordinator, Family AIDS Center for Treatment and Support, Providence, RI
1991-1992 Research Assistant, Child Development Unit, Boston Children's Hospital, Boston, MA
1999-2000 Pediatrician, John C Murphy Health Center, St. Louis County Department of Health, St. Louis, MO
2000-2003 Clinical Instructor, Adolescent Center, Washington University School of Medicine
2001-2003 Soros Advocacy Fellow, Medicine as a Profession, Soros Foundation, St. Louis, MO
2003-2008 Assistant Professor, Adolescent Center, Washington University School of Medicine
2004 Interim Director, Adolescent Center, Washington University School of Medicine
2005-Pres Director, Adolescent Center, Washington University School of Medicine
2009-Pres Associate Professor, Adolescent Center, Washington University School of Medicine

Appointments and Committees:
Department of Pediatrics
2006-Pres Leadership Committee, Department of Pediatrics, Washington University School of Medicine
2006-2009 Office of Faculty Development Advisory Group
2007-2008 Child care task force, Chair
2002-Pres Department of Pediatrics, Washington University School of Medicine, PL-1 Advisory Committee
2007-2009 Faculty Advisor to the Residency Advocacy Committee- This committee includes 20 residents who are interested in participating in advocacy efforts.

St. Louis Children's Hospital
2002-Pres Medical Adviser, St. Louis Children's Hospital Advocacy and Outreach Department
2003-2007 Chair, St. Louis Children's Hospital Outreach and Advocacy Medical Advisory Board
2008-Pres Inpatient Behavioral Health Oversight Committee
2008-pres Children's Hospital Advocate for Teens (CHAT) Imitative

Washington University School of Medicine
2007-2008 WUSM, Community and Population Health Planning Committee

Washington University
2004-Pres Interdisciplinary Environmental Law Clinic, Washington University Law School, Community Advisory Board
2006 Field Education Task Force, George Warren Brown School of Social Work
2008 Institute of Public Health Scholar

Medical Licensure and Board Certification:
1999-pres MO - #113154
1999, 2006 American Board of Pediatrics

Honors and Awards:
1989 Eva M Moorar Premium, a monetary award for contributions to the college and the community
1989 Brown University's nominee for National Student Humanitarian Award
1996 Robert J Haggerty Prize in Pediatrics, University of Rochester, an award for scholarship and concern for the care for all children
1999 Outstanding Resident Award, St. Louis Children's Hospital, an award presented by the Missouri Chapter of the American Academy of Pediatrics
2000 Recognized by the women Legislators of Missouri in a salute to Women Doctors and Health Care Administrators
2002 the Ashley Award, Legal Services of Eastern Missouri, an award for children's advocacy
2004 The Community Advocate Award, The St. Louis Chapter of the Missouri Association of Social Welfare
2005 Excellence in Pediatrics Award, St. Louis Pediatric Society
2006 Resident Teaching Award-Outstanding Teacher Award General Pediatric Medicine
2007 Progressive Youth Connection Health Award 2007
2008 WUSM Distinguished Faculty Award for Community Service
2010 Pioneer Award, National Council on Alcoholism and Drug Abuse-St. Louis
2010 Gerry and Bob Virgil Ethic of Service Award, Washington University
2010 Lighting the Way Award, St. Louis for Kids

Professional Societies and Organizations:
Major Invited Professorships and Lectureships:

**2000-2001**

2000 Metropolitan Congregations United, St. Louis, MO, November day long training. "MCU for MC+ Training."

2000 Metropolitan Congregations United, St. Louis, MO, November. "Presumptive Eligibility for Missouri's Children"

2000 United Health Care Workers Conference, St. Louis, MO, November. "Presumptive Eligibility for Missouri's Children"

2001 All Residents Conference, St. Louis Children's Hospital, March. "Why Health Insurance Matters."

2001 Parents as Teachers Ferguson/Florissant School District, March. "MC+ Training."

2001 All Residents Conference, St. Louis Children's Hospital, May. "Making the Most of the Sports Physical."

**2001-2002**

2001 Deaconess Parish Nurses Conference, St. Louis, MO, August. "Violence Prevention" and "Asthma Management and Control."

2001 Washington University School of Social Work, Health Policy Class, St. Louis, MO September. "Local Health Policy and the Campaign for Health Care Justice."

2001 All Residents Conference, St. Louis Children's Hospital, October. "Violence Prevention."

2001 22nd Annual Missouri Legislative Conference, United Way of Greater St. Louis, St. Louis, MO November. "Presumptive Eligibility for Children."

2001 The Better Family Life Holiday Expo, St. Louis, MO December. "Wellness" Panel discussion member.

2002 Diversity Week Lunch Series, Washington University School of Medicine, St. Louis, MO February. "How to Get Your Patients What They Need: A Doctor's Perspective."

2002 St. Louis Health Care "Call to Action", St. Louis, MO, February. "Presumptive Eligibility for Children and CHIP Reauthorization."


2002 All Residents Conference, St. Louis Children's Hospital, March. "Patient Advocacy and Political Medicine."


2002 ARCHS Outreach and Enrollment Coalition Meeting, St. Louis, MO, April. Invited to speak on presumptive eligibility and CHIP reauthorization.

2002 St. Louis Workers Rights Board, St. Louis, MO June. Invited to speak on health care access issues for the St. Louis region.

**2002-2003**

2002 SIDS Urban Outreach, Third Baptist Church, St. Louis, MO, July. Invited to speak on pediatric injury prevention issues.

2002 All Residents Conference, St. Louis Children's Hospital, September. "Emergency Contraception."

**2003-2004**

2003 Reproductive Health Education Program Washington University School of Medicine, October. "Talking to Teens so Teens will Talk."

2003 All Residents Conference, St. Louis Children's Hospital, October. "Health Care for all Kids"

2003 Early Bird Rounds Conference, November, "Emergency Contraception-It's Not Too Late."

2003 St. Louis Children's Hospital Child Life Conference, December. "STD's"

2003 All Residents Conference, September. "Teen Transition to Adult Care."


2003 All Residents Conference, St. Louis Children's Hospital, June. "Race Disparities in Health Care."

2004-2005

2004 Pediatric Perspective in Transplantation Conference, September, "Don't You Forget About Me: Working with the Teen Transplant Patient."

2004 All Residents Conference, St. Louis Children's Hospital, October. "A Pediatrician's Role in Caring for Lesbian, Gay, Bisexual and Transgender Youth."


2004 St. Louis Public School Nurses Meeting, December. "Caring for Lesbian, Gay, Bisexual and Transgender Youth."

2004 Department of Pediatrics Grand Rounds at Cardinal Glennon Children's Hospital, December. "The Practice of Political Medicine: Pediatricians as Agents of Change."

2004 Soros Fellows Conference, November, "Pediatrician as Agents of Change: The Pediatricians in Community Program."

2005 Practice of Medicine 1 WUSM, January, "Disparities in Health Care."

2005 Practice of Medicine 1 WUSM, January, "The Health Care Safety Net."

2005 Critical Condition: Public Hearing on Health Care Cuts, April. Invited by Governor Holden to give testimony on proposed Medicaid cuts.


2005 All Residents Conference, February. "Don't You Forget About Me: Working with Teens with Chronic Illness."

2005 Family Care Health Center, All Staff Meeting, March. "The Practice of Political Medicine: Health Care Workers as Agents of Change."


2005 St. Louis Children's Hospital Nurse Call Line Retreat, June. "Helping Children and Families Survive Adolescence."

2005-2006


2005 Washington University Medical Plunge, August. "The Practice of Political Medicine"

2005 All Residents Conference, October. "Medical Professionalism."

2005 Jewish Community Relations Conference, October. "Medicaid Update"

2005 Washington University Health Administration Program, December. "Why Politics and Health-Healthcare Workers as Agents of Change."

2005 Department of Pediatrics, WUSM, Clinical Case Conference, December. "Eating Disorders."

2006 Annual Contemporary Women's Health Issues, January. "Teen Transition to Adult Care."

2006 Early Bird Conference, February. "Motivational Interviewing to Enhance Healthy Lifestyle Choices."
2006 Practice of Medicine 2, February. "But All My Friends Do It"
2006 Missouri Association for Social Welfare Annual Conference, March. "Tobacco Tax Update"
2006 Early Bird Conference, March. "A Pediatricians Role in Caring for Lesbian, Gay, Bisexual and Transgender Youth"
2006 SLCH Call Line Nurse Update, April. "Talking to Teens so Teens will Talk and Emergency Contraception."
2006 Department of Pediatrics Grand Rounds, May. "Jacobi's Legacy: Pediatricians and Legislative Advocacy"

2006-2007
2007 WUSM, POM 1 Small Group Leader, January, “Binge Drinking”
2007 WUSM, POM 1 Lecture, February, “Lesbian, Gay Bisexual, Transgender People and Health Care.”
2007 WUSM, POM 2 Lecture, February, “But All My Friends Do It.”
2007 Families USA Press Conference, April, national press conference on Medicaid.
2007 SIU Grand Rounds, April, “Adolescent Consent and Confidentiality.”
2007 All Residents Conference SLCH, April, “Race Disparities in Health Care.”

2007-2008
2007 WUMP lecture, August, “Physician As Advocate”.
2007 Camp Hope Parent Talk, August, “Surviving Your Child’s Adolescence.”
2007 MOAAP given at multiple practices, “Adolescent Immunizations.”
2007 ER Faculty and Fellows CME, October, “The Interesting World of the Adolescent Patient.”
2007 SLCH Children’s Advocacy and Outreach Department Retreat, October, “Advocacy.”

2008 WUSM, POM 2 Lecture, March, “But All My Friends Do It.”
2008 Pediatric Update, March, “Giving Bad News—Do’s and Don’ts.”
2008 April, WUSM AMWA Body Image Panel Discussion.
2008 Department of Pediatrics Fellows Conference, May “Race Disparities in Health Care.”
2008 Department of Pediatrics, WUSM, Clinical Case Conference, June, “Gone But Not Forgotten.”

2008-2009
2008 June, HIV Planning Council Town Hall Meeting on STD’s, presenter.

2008 September, SIUE Grand Rounds, “A Pediatricians Role in Caring for Lesbian, Gay, Bisexual and Transgender Youth.”
2008 September, Department of Pediatrics Pulmonary Division, “Smoking Cessation”.
2008 SLCH Clinical Pediatric Update, September “Adolescent Consent and Confidentiality.”
2008 STI/HIV Prevention Training Center speaker, “Adolescent STI’s.”
2009 SLCH Direct Training, January, “THE SPOT.”
2009 SLCH Friends Presentation, February, “The SPOT.”
2009 Family Court St. Louis City Division Juvenile Officers, February, “The SPOT.”
2009 WUSM, POM 2 Lecture, February, “But All My Friends Do It.”
2009  Governor’s Blue Ribbon Panel on Youth Aging Out of Foster Care, February, “The Health of Youth Aging Out of Foster Care”

2009  Department of Pediatrics, Residents’ Report, “Medicaid and SCHIP.”

2009  Department of Pediatrics Fellows Conference, March “Race Disparities in Health Care.”


2009-2010  WUMP lecture, August, “Physician As Advocate”.

2009  United Based Joint Practice Team meeting, September, “CHAT: Children’s Hospital Advocates for Teens.”

2009  Department of Pediatrics WUSM Grand Rounds, September, “Yes We Can! Positive Youth Development.”

2009-10  STI/HIV Prevention Training Center speaker, October and January, “Adolescent STI’s”.

2009  All Residents Conference SLCH, October, “Adolescent Consent and Confidentiality.”


2010  Parents as Teachers National Training Center, February, “Positive Youth Development: A Strategy for Intervention.”

2010  WUSM, POM 2 Lecture, February, “But All My Friends Do It.”

2010  Spring Perspective Nursing Conference, April, “Yes We Can! Positive Youth Development: A Strategy for Intervention.”

2010  Pediatric Academic Society Workshop, May, “Appropriations, Bills, and Committees: Making It As Easy As “ABC” For Residents and Faculty to Teach Legislative Advocacy.”

2010  Missouri Primary Care Association Webinar for the Missouri, May, “Consent and Confidentiality in Adolescent health Care.”

Consulting Relationships and Board Memberships:

Local:
2000-2002  St. Louis Pediatric Society
2001-2002  Christian Hospital Community Advisory Board
2001-2002  Area Resources for Community and Human Services (ARCHS) Health Steering Committee
2001-2003  Metropolitan Congregations United Board
2002-Pres  Regional Health Commission Provider Committee
2007-Pres  Community Advisory Board, St. Louis Post-Diary
2008-Pres  Aging Out Steering Committee, Epworth
2008-Pres  Mayor’s Commission on Children, Youth and Families

State:
2003-2004  Co-Chair, Coalition to Protect Healthcare and Education
2004-Pres  Legislative Chair, Missouri Chapter American Academy of Pediatrics- Identify bills to support and oppose and write letters and testify in Jefferson City on behalf of the Chapter.
2010-Pres  Healthcare Oversight and Coordination Committee-a statewide committee to meet the needs of the Fostering Connections to Success Act in Missouri

National:
2003-2007  Physicians Reading Committee Advocacy Fellowship, Soros Foundation
2005  Volunteer Consultant, Parents as Teachers National Center
2005-Pres  Center on Medicine as a Profession, Physician Advocacy Fellowship Advisory Committee-Chosen from a national selection process to award fellowships and develop future national advocacy program opportunities.
Research Support:

The Lutheran Charities Foundation-MC+ Training Initiative, $1000 for a one time training. (2000)

The Deaconess Foundation, Metropolitan Congregations United Health Care Task Force- Congregational Health Initiatives, $15,000 for one year. (2001)

CATCH Grant, American Academy of Pediatrics, "Kid Care-A North County Needs Assessment," $7,920 for six months (2001)

Soros Foundation, Soros Advocacy Fellowships for Physicians, $37,900. (2001)

Center for Community Change, Metropolitan Congregations United-Presumptive Eligibility $15,000 for one year. (2001)


Deaconess Foundation, Metropolitan Congregations United, $5000. (2002)

Deaconess Foundation, Metropolitan Congregations United, $64,000. (2003)


Blanche and David Sommers Children's Welfare Bureau 2004 $50,000- The Pediatricians in Community Program


The Deaconess Foundation, July 2004, $5000. Pediatricians in Community Program.


The Deaconess Foundation 2006, The Pediatricians in Community Program $5000

CTSA NIH grant 2006-Worked with Dr. DeBaun on the pediatric application for the NIH. Obtained letters of support form community agencies and wrote portions of the grant related to advocacy in the Department of Pediatrics.

Greater St. Louis Health Foundation 2006, Pediatricians in Community $10,752

BJ Foundation 2008-2011, The Comprehensive Youth Center, $300,000.


City of St. Louis Health Department 2008, The Comprehensive Youth Center, $49,500.

SAMSHA 2008-2013, Comprehensive Youth Drop In Center, $1,676,665.

Anonymous Foundation 2008-2009 $121,784

Anonymous Foundation 2009 and 2010 $50,000 for two years for youth leadership training.

Clinical Title and Responsibilities:
Department of Medicine, Washington University Department of Pediatrics
Patient Care Responsibilities

2000-Pres    Provide inpatient and outpatient adolescent consultative services to patients ages 12-21. In 2007 the Adolescent Center received the highest patient satisfaction surveys in the Department.
2001-Pres    Provide care to HIV infected adolescents through a multidisciplinary team.
2008- Pres    Provide drop-in walk in care at The SPOT to patients between the ages of 13-24 in a community setting.

Administrative Responsibilities
Director of the Adolescent Center

2005-Pres    Lead and supervise a multidisciplinary team made up of two other physicians, nurses, a social worker, a psychologist, a dietician and an administrative person to care for adolescent patients between the ages of 12-21 years.

Director, Pediatricians in Community Program

2004-Pres    Lead the program and supervise the program coordinator to ensure a meaningful community rotation for residents and a positive experience for 35 community agency participants. Hired and supervise the program coordinator. Raised funds for the program and the program support staff. Supervised 17 resident projects in cooperation with community agencies during resident elective time and two fourth year medical student electives. Edit an Advocacy Update a brief email newsletter where residents write on an advocacy issue of their interest and distribute to all participating agencies and the community.

Medical Director, The SPOT (Supporting Positive Opportunities with Teens)

2007-Pres    Designed, created and hired staff in partnership with leadership from Project ARK and the Pediatric Infectious Disease Team to create a one stop youth center that provides health and social services to young people between the ages of 13-24. In the summer of 2008 the project was named The SPOT (Supporting Positive Opportunities with Teens) and funding was secured to open the facility in September 2008. Created an adolescent community partnership group to support this work with several youth serving organizations, and the city, county and state health departments. Over 3000 unduplicated youth have been served thus far. In addition physicians from obstetrics/gynecology and psychiatry have been coordinated into the care team.

Teaching Title and Responsibilities:
Pediatric Residency Training Program

2000-Pres    Interview applicants to the residency program.
2000-Pres  Resident preceptor for monthly rotation in Adolescent medicine. On average train 22-28 pediatric residents yearly. This leadership includes orienting all residents, direct patient teaching, presentations at the Adolescent Conference and inviting presenters, arranging offsite learning experiences for residents.

2001-2008  General Pediatrics Floor attending.

2004-Pres  Developed 17 electives for residents interested in community work. One resident developed an "Advocacy Code Card", another developed a survey tool to explore primary care pediatricians’ mental health screening and a third developed through focus groups with women impacted by domestic violence a pamphlet to facilitate better communication with pediatricians, two worked to establish a nutritional gardening program and one did two electives working with adolescent issues in foster care.

2004-Pres  Medical Director for the Pediatricians in Community program. This program is a two week selective where residents visit some of the 35 participating community agencies to learn more about serving the needs of poor children and children with special health care needs. Created, designed and implemented the program which typically has 20-25 pediatric residents participate every year.

Washington University Medical Student Training

2002    Designed, supervised and worked with a fourth year medical student for her six week elective in pediatrics where she examined issues related to cross cultural competency and refugee health. We completed a survey of the residents, talked to people in the community and created informational pocket cards for pediatric residents on cultural issues and refugee resources.

2003-2008  Taught third year medical students as the general pediatrics floor attending.

2004-Pres  Created nine electives for fourth year medical students interested in adolescent medicine.

2004-Pres  Teach several sessions and helped plan 15 hours of the Practice of Medicine 1 course on issues related to health disparities and cultural issues. Also served as a preceptor for first year medical students to observe patient physician interactions.

2007-Pres  Precept fourth year medical student on the Special Topics in Reproductive health selective.

St. Louis Children's Hospital Advocacy and Outreach Program

2002-Pres  Medical advisor to Healthy Kids at Play program and the Healthy Kids Express evaluation team. Created and conducted a Medical Advisory panel for this program. Offer advice through regular meetings.

2004-2007  Conducted several Advocacy Trainings with the Government Relations Director to help engage hospital leadership and employees in advocating for Medicaid and SCHIP health care coverage.

2008-2009  Developed in partnership with parents and SLCH CHAO team Sophie’s KISS a car hyperthermia safety program.

2008-Pres  Violence Prevention Partnership

Community Advocacy and Activities

2000-2003  Organized and won presumptive eligibility campaign in Missouri to provide 90,000 uninsured children in Missouri who are income eligible immediate access to the Medicaid and CHIP health insurance program. This work includes over 2200 letters to the governor from across the state, gathering 163 organizational and political endorsers, leading groups of children and their parents to lobby at the capital, edited and researched a report entitled "Presumptive
Eligibility for Medicaid: A Winning Strategy for Missouri's Neediest Children," worked with the media to obtain multiple articles, an editorial and television coverage for this issue.

2000-2002 Organized efforts to increase children and families access to health care by training people to enroll children in families in Medicaid/MC+ program. Trainings included pediatric residents, leaders in St. Louis congregations, and Parents as Teachers in Ferguson/Florissant. Also supervised mini-grants program so congregations could design and receive financial support for their own health initiatives for their congregations.

2001 Partnered with Churches United for Community Action for a CATCH grant. Have held two out of a planned five focus groups listening to community members concerns about the issues that affect the health of their children. Then worked with them to create a brochure on supervised recreation resources for children in North St. Louis County.

2001-2002 Partnered with Metropolitan Congregations United, ACORN and other community groups to hold 9 Speak Out focus groups throughout the St. Louis Metropolitan area to identify needs and resources related to peoples access to health care. Created a report and then distributed this to the Regional Health Commission and other interested community groups.

2003-2004 Launched "These Cuts Won't Heal" campaign. This campaign focuses on preventing deep cuts to the state's Medicaid program that would affect children and parents access to health care. This campaign is in partnership with Metropolitan Congregations United, Jobs with Justice and Grass Roots Organizing (GRO). From this campaign the Coalition to Protect Healthcare and Education was formed to prevent state budget cuts to both healthcare and education. This coalition included the above groups as well as SEIU and AFSCME. Through all of these efforts budget cuts to the Medicaid program that would decrease children and families access to care were prevented.

2004-2005 Participated in multiple rallies and events related to the protection of Medicaid. Chaired one rally in April 2005 and one rally in May 2005 sponsored by the Missouri Foundation for Health during Covered the Uninsured Week.

2005-2006 Tobacco Tax Leadership Committee- Steering Committee of a tobacco tax campaign to raise the tobacco tax in Missouri in order to fund health care access and services and tobacco prevention and cessation programming.

2007-Pres Created an adolescent community partnership with several youth serving organizations, the city, county and state health departments to design and create a one stop shop comprehensive youth center in St. Louis. In the summer of 2008 the project was named The SPOT (Supporting Positive Opportunities with Teens). Funding was secured to also develop a youth leadership training program so youth can speak on their own behalf to public officials.

Publications - Peer Reviewed:


Invited Publications:


**Book Chapters:**


**Mentorship:**

**Adolescent Medicine mentorship**
Michele Frilot who in 2007 pursued an adolescent medicine fellowship.
Dr. Sarah Tycast who joined the Adolescent Center in 2006.
Dr. Sarah Garwood who joined the Adolescent Center in 2008.

**Advocacy/Public Health Mentorship**
Sarah Garwood MD-created advocacy code card and St. Louis version of the cap4kids website and career development. (2005)
Cigdem Bytnar MD- developed a survey tool to explore primary care pediatricians’ mental health screening. (2005)
Kara Hennelly MD- developed through focus groups with women impacted by domestic violence a pamphlet to facilitate better communication with pediatricians.(2006)
Jamika Hallman MD- pursued a special study on Medicaid and the SCHIP program. (2006)
Jenny Miele MD- created a nutritional gardening program. (2007)
Kate Remick MD- created a nutritional gardening program. (2007)
Wendy Valicek MD- completed two reports one mental health resources for adolescents in foster care and another on pharmacologic treatment for pregnant teens in foster care. (2006, 2007)
Leon Scott MD- as a WUMS IV competed an elective to investigate financing and care for under and uninsured patients in St. Louis. (2006)
Natasha Kasbekar MD- pursued a project to investigate proven youth friendly services and programs.(2007)
Kristin Sohl MD - third year pediatrics resident at the University of Missouri-Columbia on a project related to decreasing barriers to immunizations. (2007)
Liza Harrison MD- pursued a project regarding obtaining special education services for children. (2007)
Jean Rex MD-pursued a project to learn more about Medicaid and SCHIP. (2007)
Leah Nchama MD- pursued a project to look at the needs of multiracial youth. (2007)
Scott Hadland WUMS IV – pursued a project to search literature on homeless and runaway youth (2008)
Anisha Shetty MD- pursued a project to learn more about youth violence (2009)
Natasha Kasbekar MD- pursued a project working with youth at the SPOT (2009)
Alex Friedman WU class of 2010- pursued an internship at the SPOT (2009)
Michele Jose-Kampfner WUMS II Pursued an internship in adolescent medicine both at the SPOT and the Adolescent Center with a focus on substance use issues for teens. (2009)
Lisanne Newton MD-pursued a project to assist patient with asthma who also had significant housing issues that interfered with their health. She successfully wrote an op-ed piece for the St. Louis Post-Dispatch Rebecca Papez MD-pursued a project on addressing the issue of childhood obesity that included both a primary care evidence based strategy and a survey in pediatric offices regarding soda and other sugary drinks.

**General Mentorship**
Sarah Garwood MD
Jen Hohman MD
Sarah Tycast MD
Tracey McGregor MD
Rebecca Paez MD

Media:
Show Me St. Louis television appearance, October 2008
Magic 105 Radio Show appearance, 2009
Washington University Record, Washington People Profile, May 2009
St. Louis Post-Dispatch article June 2009
Juan B. Peña, Ph.D.
George Warren Brown School of Social Work, Washington University
One Brookings Drive, Campus Box 1196
St. Louis, MO 63130
Office: 314 935-9636  Fax 314 935-9171

EDUCATION:

2004-2007  Post Doctoral Fellowship, University of Rochester, NY

2000-2004  Ph.D., Columbia University, New York, NY

Dissertation: “The Determinants of HIV Risk for First and Second Generation Mexican, Puerto Rican, and Cuban Adolescents Attending U.S. Schools”.

1995-1997  M.S.W., New York University, New York, NY (Clinical Practice)

1989-1993  B.S., Cornell University, Ithaca, NY (Human Service Studies)

PROFESSIONAL EXPERIENCE:

Academic

2007-  Assistant Professor of Social Work, George Warren Brown School of Social Work, Washington University, St. Louis, MO

2009-  Faculty, Center for Violence and Injury Prevention, George Warren Brown School of Social Work, Washington University, St. Louis, MO

2007-  Faculty, Center for Latino Family Research, George Warren Brown School of Social Work, Washington University, St. Louis, MO

2007-  Faculty, Center for Mental Health Services Research, George Warren Brown School of Social Work, Washington University, St. Louis, MO

2004-2007  Senior Instructor, Department of Psychiatry, University of Rochester, Rochester, NY

Research Experience

2006-2007  National Service Research Award Post-Doctoral Fellow
National Institute for Mental Health
Principal Investigator: Yeates Conwell, 2T32MH020061-06
University of Rochester, Rochester, NY

2004-2006  Post-Doctoral Minority Fellowship Program
Council of Social Work Education, (SAMHSA)
Principal Investigator: Araceli Francis, 1 T06 SM56573-01
University of Rochester, Rochester, NY
2002-2003  Clinical Researcher
             New York State Psychiatric Institute, NY, NY

2001-2003  Research Associate
             Intersystem Inc. NY, NY

2001-2003  Pre-Doctoral Minority Fellowship Program
             Council of Social Work Education, (SAMHSA)
             Principal Investigator: Aracelis Francis, 1 T06 SM56573-01 (SAMHSA)
             Columbia University, NY, NY

2001-2002  Research Assistant
             Columbia University, NY, NY

**Teaching Experience**

2008-      Assistant Professor, S30 SWDP 9453 01, Substance and Alcohol Abuse
             Washington University, St. Louis, MO

2007-      Assistant Professor, S50 SWSA 5153, Juvenile Delinquency
             Washington University, St. Louis, MO

2007-      Assistant Professor, S20 SWHS 4011 01, Differential Diagnosis
             Washington University, St. Louis, MO

2003       Adjunct Lecturer, T7100, Foundations for Social Work Practice
             Columbia University, NY, NY

2003       Adjunct Lecturer, T6920, Family and Children’s Services
             Columbia University, NY, NY

2000-2001  Teacher Assistant, T7501, Clinical Case Evaluation
             Columbia University, NY, NY

1992-1993  Teacher
             Sacred Heart Middle School, Bronx, NY

**Clinical Experience**

2002-2003  Consultant
             American Indian Community House, NY, NY

1997-2000  Trainee
             The Center for Group Studies, NY, NY
1997-2000  Clinical Social Worker
            International Center for the Disabled, NY, NY

1997-1999  Clinical Social Worker
            Western Queens Consultation Center, Jackson Heights, NY

1995-1996  Substance Abuse Therapist
            Counseling Service of EDNY, Jamaica, NY

1994-1995  Program Associate
            Cornell University Cooperative Extension, NY, NY

1993-1994  Case Manager
            Professional Service Center for the Handicapped, College Point, NY

GRANTS:

Grants and Contracts Awarded

Principal Investigator,
Suicidal Behavior Among Dominican Youth
1R03MH085203-01A1 (NIMH)
Washington University, St. Louis, MO

Principal Investigator,
Profiling Risk and Need for Suicide Prevention among a National Cohort of Youth
Pilot Grant (Center for Violence and Injury Prevention - 1R49CE001510, PI: Johnson Reid)
8/1/2009 – 7/31/2010
Washington University, St. Louis, MO

Principal Investigator
National Institutes of Health (NIH) Health Disparities Loan Repayment Program (LRP)
8/1/2008 – 7/31/2011
Washington University, St. Louis, MO
Principal Investigator
National Survey of Youth Risk Behaviors Among Dominican Youth
Grant (Center for Latino Family Research)
7/1/2008 – 5/31/2009
Washington University, St. Louis, MO

Principal Investigator
Pilot Study of Youth Risk Behaviors Among Dominican Youth
Pilot Grant (Center for Latino Family Research)
Washington University, St. Louis, MO

Co-Investigator
Sociocultural Processes in Latina Suicide Attempts
1R01MH070689-01A1 (PI: Zayas, NIMH)
Washington University, St. Louis, MO

National Service Research Award Post-Doctoral Fellow
National Institute for Mental Health
Principal Investigator: Yeates Conwell, 2T32MH020061-06
University of Rochester, Rochester, NY

Minority Fellowship Program Post-Doctoral Fellow
Council of Social Work Education, (SAMHSA)
Principal Investigator: Aracelis Francis, 1 T06 SM56573-01
University of Rochester, Rochester, NY

Principal Investigator
Screening as an Approach for Adolescent Suicide Prevention.
Contract No. 263-MD-507221 (NIMH)
9/1/04 – 8/31/2005
University of Rochester, NY

Principal Investigator
Determinants of HIV Risk for Latino
1R03MH069102-01 (NIMH)
9/1/03 – 8/31/2004
Columbia University, NY, NY
Minority Fellowship Program Pre-Doctoral Fellow
Council of Social Work Education, (SAMHSA)
Principal Investigator: Aracelis Francis, 1 T06 SM56573-01 (SAMHSA)
9/1/2001-8/31/2003
Columbia University, NY, NY

PUBLICATIONS:


**SCIENTIFIC PRESENTATIONS:**

*Invited*


*Peer Reviewed Oral Presentations*


Peer Reviewed Poster Presentations


MENTORSHIP ACTIVITIES

Research and Teaching Supervision of Graduate Students
1. Natalie Morgan, MSW Student, Research Assistant, 2009-2010
2. Diana Chaves, MSW Student, Center for Latino Family Research Fellow, 2008-2010
3. Jennifer Jolly, Ph.D Student, Teacher Assistantship for Juvenile Delinquency Course, Spring 2009
5. Carolina Maturana, Center for Latino Family Research Fellow, 2007-2008
6. Kevin Tan, MSW Student, Research Specialization, 2007-2008
7. Chihho Sakamoto, MSW Student, Research Specialization, 2007-2008

Research Supervision of Post-Doctoral Fellows
1. Eusebius Small, Ph.D., NIDA Post-Doctoral Fellow, Co-mentored, Brown School 2009-2010
2. Wynston Bryant, Ph.D., NIDA Post-Doctoral Fellow, Co-mentored, Brown School 2009-2010

Doctoral Dissertation and Areas Statement Committee Membership
1. Karen Oshima, Ph.D. Student, Member of Area Statement Committee
2. Peter Cabrera, Ph.D Student, Area Statement Chair
3. Maurice Gratis, Ph.D Candidate, Member of Dissertation Committee
4. Larry Morton, Ph.D., 2009, Current Position: Assistant Professor, Dissertation Chair
5. Victoria Osborne, Ph.D., 2008, Current Position: Assistant Professor, Member of Dissertation Committee
6. Jennifer McClendon, Ph.D., 2008, Current Position: Assistant Professor, Member of Dissertation Committee

COMMUNITY AND SCHOOL SERVICE:

Brown School Service:
1. Personnel Advisory Committee, 2009-2010
2. Review and rank applications for mental health candidates for doctoral program

Editorial Review Board:

Journal Reviewer:
1. American Journal of Public Health
2. American Journal of Orthopsychiatry
3. The Journal of Clinical Psychiatry
4. Youth and Society

Grant Reviewer:
1. CUNY, Collaborative Incentive Research Grant Program
2. CDC, Prevention of Suicidal Behavior through the Enhancement of Connectedness (U01), RFA-CE-10-006

Community Service:
1. St. Louis Coalition for Latino Research
2. Our Community, Our Health Advisory Board
3. Behavioral and Social Science Volunteer Program
4. CDC’s Expert Panel Meeting: Adolescent Suicide Addressing Disparities through Research, Programs, Policy, and Partnerships to be held September 21-23, 2009 in Washington, DC

PROFESSIONAL SOCIETIES AND ORGANIZATIONS:

2007- National Hispanic Science Network on Drug Abuse
2005- Prevention Science Methodology Group
2005- Society for Prevention Research

LICENCE:

Licensed Clinical Social Worker
State of New York - # 055944-1